

Not All Programs Are The Same



Where safety, dignity, and respect come together

Pro-ACT is based upon a set of Principles that focus on maintaining client dignity while keeping clients and staff safe. Pro-ACT focuses on preventing the crisis, not just responding.

The red circle highlights the amount of time Pro-ACT training focuses on early intervention and de-escalation.

Training program	Basic-level training overall time (hr)	General information/ definitions (%)	Dangers & risks (%)	Crisis de-escalation (%)	Restraint procedures (%)	Monitoring procedures (%)	Debriefing & follow-up (%)	Seclusion (%)	Other (%)	Total (%)
Calm Every Storm	16	5	5	55	15	5	5	5	5	100
Management of Aggressive Behavior®	6-8	20	15	20	20	10	5	5	5	100
Nonviolent Crisis Intervention® program	14	20	5	35	25	5	10	0	0	100
Oregon Intervention System	12	15	10	25	15	2	2	2	29	100
PMT	8	15	10	40	20	5	5	5	0	100
Pro-ACT®	20	5	4	60	8	7.5	7.5	3	5	100
Professional Crisis Management	14	10	5	30	50	0	5	0	0	100
Response	12	4	6	58	12	4	4	0	12	100
RIGHT RESPONSE	14	2	2	31	30	5	5	0	25	100
Safe & Positive Approaches®	14	5	7	34	18	3.5	3.5	0	29	100
Safe Crisis Management	18	5	5	45	30	5	10	0	0	100
Safe Prevention Principles and Techniques	16-20	10	12	38	15	5	15	5	0	100
Safety-Care	12	5	5	25	20	5	5	0	35	100
Satori Alternatives to Managing Aggression	16	1	2	40	20	1	1	0	35	100
The Mandt System®	13-18	7	8	58	12	7	7	1	0	100
Therapeutic Aggression Control Techniques 2	18-20	10	2.5	50	30	2.5	2.5	2.5	0	100
Therapeutic Crisis Intervention	28-32	5	5	50	25	5	10	0	0	100

Couvillon, M. A., Kane, E. J., Peterson, R. L., Ryan, J. B., & Scheuermann, B. (2019). Policy and Program Considerations for Choosing Crisis Intervention Programs. *Journal of Disability Policy Studies*, 30(1), 35–45. <https://doi.org/10.1177/1044207318793158>